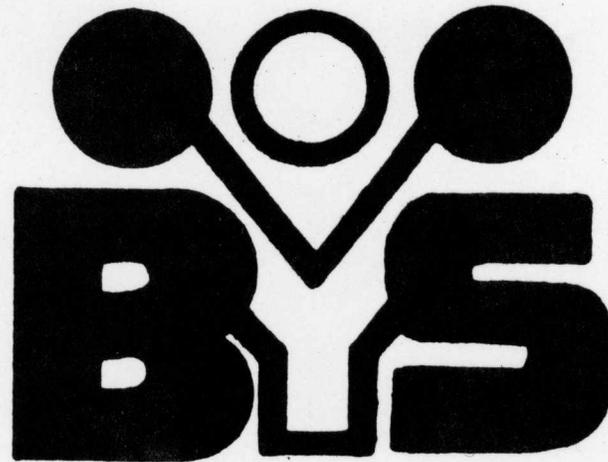


84-85
T. Smith



... Coping With Today's Problems

Preventing Tomorrow's Crises...

Barrington Youth Services Annual Report
March 1, 1984-February 28, 1985

BARRINGTON YOUTH SERVICES
412 WEST MAIN STREET
BARRINGTON, ILLINOIS 60010
381-0345

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PURPOSE STATEMENT

The purpose of Barrington Youth Services is to enable youth who are experiencing stress to deal positively with that stress and to enable the community to understand and to address the conditions which contribute to that stress.

The focus of the services is on reduction of destructive behaviors, family conflicts, substance abuse, delinquency and school related problems which may arise from family, peer, school and/or community pressures.

We believe that Barrington Youth Services must address those problems associated with the following concerns apparently impacting the students in our area:

1. continued rise of alcohol and other drug usage by a wide group of adolescents
2. fractured, fragmented families
3. the effects of the fierce competition stressed by parents and coaches
4. the effects of the sprawling nature of the area, transportation problems
5. the lack of a sense of "community" due in part to the fact that we have 9 different villages represented in our school district
6. the image of BYS, held by some students, as just a place for kids needing help with drug problems
7. the rise in teenage sexual activity
8. the double messages given by adults to teens about drinking, sex, smoking, drugs, curfew and honesty, for instance

From 1983-84 Environmental Analysis

PRESIDENT'S REPORT

This past year has been one of considerable challenge and change for Barrington Youth Services. After five years under the directorship of John Fuller, the agency will begin the summer and prepare for the next school year with new leadership.

John was instrumental in helping to raise awareness of BYS and to broaden its role in the community. For the last year and a half, he served as a member of the ABCDE (Alliance of Barrington Communities for Drug Education) task force to coordinate the work of our agency with the activities developing throughout the community.

Now, with a new Director, we are looking forward to expanding the BYS programs to improve and develop our capabilities to meet the needs of Barrington's youth. BYS has a strong working relationship with the schools and has key school personnel serving on our Board. Opportunities exist to expand our programs in connection with the police departments and other local organizations.

In 1984-85, BYS again held a highly successful fundraising campaign. The funds raised through this effort have become a significant portion of our income in recent years, supplementing the support of the townships of Barrington, Cuba, Ela and of the Barrington Area United Drive.

BYS staff members have worked hard to increase their effectiveness in the community. Meantime, with the completion of second floor upgrading, our building is now being utilized by other service groups, and, as of April 30, will house a resource/information center established in cooperation with ABCDE.

As BYS moves into another year of serving to make Barrington a better place to live, I salute the volunteers on our Board and Advisory Board for their continuing support of the agency and their dedication to the youth of our community.

Donald Ritter

DIRECTOR'S REPORT

Working as the Director of BYS for five years has helped me conclude that the Barrington area is composed of people who are dynamic--active, forceful and willing to deal with real concerns that arise. The agency was begun in 1972 by people unwilling to let the drug problem become an epidemic among students. This early effort culminated in the formation of BYS. A current example of this dynamic quality is the positive impact of the task force, Alliance of Barrington Communities for Drug Education (ABCDE) on the seven villages of the Barrington School District 220 area. BYS has a healthy part in the programs generated by this grass roots effort to both educate/prevent substance abuse among the area's youth population.

Michele Birkey, M.S.W., has been an integral part of the BYS counseling services as well as outreach efforts and group work.

Steve Whittier, responsible for the outreach, activities and drop-in programs, has continued to be a "front-lines" worker, making contact with hundreds of teens in a prevention/early intervention structure. This year he has developed a caseload of informal counselees, particularly those at the Middle School.

Marilyn Alexander is now in her seventh year as Administrative Assistant, and her job description continues to be a demanding one. From phones to fiscal reports, she faithfully manages the business end of our agency.

It is time for me to make a change--from management into a full-time private counseling ministry to families in need. The agency's Board of Directors have developed an ability to fund a worthy agency, while the community has recognized our part in the process of meeting the needs of students in crisis. I am sure the future is bright in the hands of a new director, the staff and Board.

Thanks to all those who have helped us meet our goals and have encouraged us to set higher ones. Keep up the needed work...may it expand gradually and thoroughly to be a truly preventive, responsive youth agency.

John Fuller

BUILDING REPORT

Since the 1982 purchase of the BYS building at 412 West Main Street, Barrington, many improvements have been completed.

The primary usage of our facility occurs on the first floor. Thus it was our initial efforts were concentrated on remodeling and refurbishing the downstairs quarters.

The Board recognized there was significant potential for groups to use the upstairs quarters, and improvements there were recently completed with the installation of a second outside exit and stairway.

Almost \$23,000 was spent on renovating, decorating, landscaping and furnishings. Many gifts from individuals and organizations are gratefully acknowledged as having made these building changes possible. Our grateful thanks to the adults and students who painted or contributed their labor in some way.

Building Improvements From 1982 to Date

First Floor

furnace
ceiling and wall repairs
removal of kitchen fixtures
bathroom repairs
removal of closet in counseling office
window changes
painting
carpeting
window dressings

Second Floor

repair of stairwell
replacement of toilet
removal of kitchen fixtures
wall and ceiling repair
bathroom floor repair
painting
furniture
carpeting

Outside

building and garage roofs
repair and replacement of gutters,
downspouts
window repair
storm windows
siding replaced or repaired
outside stairway
landscaping
garage doors
fence

BARRINGTON YOUTH SERVICES PROGRAMS 1984-85

Counseling

Purpose: To help students deal more positively with the stress they realize in their lives as they develop into young adults and to make referrals when appropriate.

Staff: Michele Birkey, MSW
John Fuller, MA

Family Counseling

Purpose: To assist families in resolving conflicts and problems; usually the issues of one individual affects the entire family.

Staff: John Fuller, MA
Michele Birkey, MSW

Outreach Counseling

Purpose: To extend a worker or workers into the natural places where students are found, to communicate to them our programs and services through a personal, informal relationship in the hopes of preventing further development of some problem or stress producing factor which we might address in a counseling setting, for instance.

Staff: Steve Whittier
Michele Birkey

Drop-In Center

Purpose: To provide a place for young people to talk to a counselor and socialize with friends.

Staff: Steve Whittier
Michele Birkey

Crisis Services

Purpose: To have 24-hour availability for crisis intervention services available through outreach as well as through 24-hour phone answering to young people themselves, families and local police departments.

Staff: Counselors rotate "on-call" shifts.

Dawn House Program

Purpose: To provide "last resort" housing to Barrington area students in a crisis situation. Short term (two weeks or less) housing is provided by volunteers trained and coordinated by BYS staff. Family counseling at BYS is one requirement for those considering this service.

Recreational Activities

Purpose: To provide a range of social and recreational activities including a variety of summer activities. Students can help with planning by taking part in the Imagination Unlimited committee.

Staff: Steve Whittier

Referral Services

The BYS staff maintains a current listing of local resources for youth/family related concerns.

Police and Courts

We continue to supplement the work of the Juvenile Detectives from Barrington Hills, South Barrington and Barrington Village by providing follow-up counseling and referral services for those young offenders who can benefit from further help. Police have a key role in the placement of a teen-in-crisis in our volunteer emergency housing program.

Court referrals come from Lake County Juvenile Court.

Bridge Subcontract

During the early part of 1985, we officially began two Department of Children and Family Services (DCFS) subcontracts for follow-up work to Barrington and Cuba Township residents, via The Bridge Youth Services (Barrington Township) and Community Youth Network in Lake Villa (Cuba Township).

In these subcontracts, BYS agreed to provide these services: (1) individual and family counseling; (2) youth advocacy; (3) access to poly-drug and alcohol services; (4) employment and educational assistance.

COOPERATIVE PROGRAMS WITH OTHER AGENCIES

Community Presentations

John Fuller made numerous presentations to church, school, and other groups on such subjects as dealing with stress, orientation to high school, teen dating, drug abuse and the basic needs of our youth today.

Alliance of Barrington Communities for Drug Education (ABCDE)

John Fuller served on the Board of Directors of this task force whose goal is to reduce the use and abuse of alcohol and other drugs by school-age youth. He worked closely with the Prevention Committee in urging other agencies to provide alternatives to alcohol/drug related parties, especially during school holidays. John also had input on the High School Core Team of Community Intervention, Inc. (Minneapolis) trained teachers who developed an alternative to suspension program for school alcohol/drug related violations by students. He also worked with the Legal and Governmental Liaison Committee in developing an alternative sentencing program for future approval and use by local courts.

Fuller and Michele Birkey took part in Minnesota workshops, along with school and community persons, which increased the degree of networking between school personnel and BYS staff.

Barrington Youth Services has participated in the community awareness and education programs of ABCDE as well as provided services engendered by that impact which include provision of "day of reflection" for Barrington High School students in the alternative to suspension Insight Program, follow-up counseling when appropriate, helped in the initiation of Narcotics Anonymous and Alateen support groups, provided 2nd floor space and storage facilities for an Alcohol-Drug Resource Center (open Tuesdays and Thursdays, 9-11 a.m., beginning April 30, 1985, staffed by ABCDE volunteers).

Barrington High School and Middle School

Increased outreach worker attendance in both schools has been implemented. Some classroom presentations and in-school suspension room sessions were held at the high school level.

COUNSELOR'S REPORT

During the 1984-85 fiscal year, the existing services in our counseling program have become more refined. New counseling services have been developed to more effectively help youth and families. We offer individual, family and group therapy for young people. A variety of concerns surface in these sessions, such as emotional, physical or sexual abuse, substance abuse, divorce-remarriage issues or family conflict. We support and assist families in making the necessary changes to facilitate growth.

One area where we have been of service is in offering a junior high group for students of divorced parents. This series of group meetings was run at the end of the last school year and again in January. There is a continued need to serve children of divorced parents in the Barrington community.

The Dawn House program, which provides emergency housing and is run in cooperation with the Barrington Police Department, continues to be an important part of our services. Though utilization is low, when housing is needed, it is really needed! There have been two placements within the past fiscal year. I held meetings twice this year to discuss questions and/or concerns that the Dawn House volunteer parents have about the program and gave lessons concerning child abuse and stress management.

The agency has a program that is co-sponsored with Barrington High School, the Peers-Friends-Counselors Club (PFC), which is in its second year. There are currently seventeen students involved in the group. Eight of them returned from last year; the other nine were trained in basic listening and communication skills last August. Twelve new students enrolled in a basic training course now in progress may join the PFC Club in September. We meet with the PFC Club twice a month to assist them with concerns for their peers. We provide ongoing training on various topics of relevance, such as teenage pregnancy, substance abuse, self-esteem, etc. We have found these students to be eager to learn and to be helpful. At school, a Dean of Students assigns PFC's to help other students with special needs.

The other Barrington High School program in which we participate is the Insight Program where any student identified for a school drug/alcohol violation is given the option of a five day unexcused absence or the alternative Insight Program. As a part of the Insight Program students have a "Day of Reflection" in which they have a mandatory one hour appointment at BYS. Continuance beyond this session for individual and family therapy at our agency is often recommended.

This year I have also had the opportunity to speak to eight sophomore health classes about coping with stress. Plans are under way for me to speak to the remaining eight classes during the Spring semester. That means that virtually all sophomores will have had exposure to our agency and its services! In addition, I meet students in BYS Drop-In as well as outreach at both the High School and Middle School.

I have had two special experiential opportunities this past year. Last spring I

went to "Operation Snowball" with a group of students from the High School. Operation Snowball, in Lake County, is a 3-day youth-oriented alcohol and drug awareness program. Students are educated about the dangers of substances. They also experience group support of peers from their school and from other schools. This program was a helpful reminder of the intense pressures students face to use alcohol and drugs.

In November, I attended a one-week seminar sponsored by Community Intervention Inc. of Minneapolis along with four Barrington Middle School Staff and four parents. The topic was "Working with Parents", which examined how parents can play a key role in fostering or hindering use of alcohol and drugs by adolescents. The training sessions and the group experience were very beneficial.

All in all this past year has been a year of opportunity. It has been one of increased and enhanced service to youth in our community.

Michele Birkey

OUTREACH/ACTIVITIES COORDINATOR'S REPORT

This past year with Barrington Youth Services is a time to look back with continued pride while planning to build a more solid, dynamic program for the year ahead. Various struggles and frustrations did not stand in the way of my ultimate desire to reach more students who need and will use our services. Equally important, Barrington Youth Services developed greater potential in terms of staff skills, building improvement and integration of programs into a unified service system.

A considerable emphasis of the programs for which I am responsible (outreach, drop-in, activities) is the need and ability to contact young people. Once contact is made, the next critical step is to engage these students in creative alternatives to their current lack of activity, to prevent or deal with any problems which may arise.

The school and street outreach component of the program is an increased effort on my part to contact teens in the area who may not otherwise be reached by our services. My goal is to bring service to the students as a preventative approach through the development of relationships with them "where they are at" physically as well as emotionally and mentally. My presence increases the visibility and accessibility of Barrington Youth Services as well as encourages the use of BYS programs and services. In 1984, I provided over 700 hours of outreach which allowed me to contact 3,140 students at the High School and Middle School. These included initial contacts, informal sessions, problem solving sessions, group sessions, suggestions of alternate modes of behavior and referrals to BYS and other community resources.

Equally important, the Drop-In program is a means for BYS to contact young people and offer them a variety of programs and services. The center offers an alternative neutral place for youth between the ages of 12-18 to relax and visit with friends. I serve three functions: (1) a supervisor, (2) an active listener, and (3) a role model. This program is not formal counseling, yet individual growth does take place with my aid and that of other staff members. The need for this particular facility and program area was clearly demonstrated in 1984 as I spent over 600 hours staffing the Drop-In Center in which I made over 1,100 contacts, involving approximately 300 students. A contact is a meeting with a youth that is no less than five minutes in duration.

The Activity/Adventure program offered at BYS provides youth with the opportunity to experience self-esteem, trust, success and adventure through involvement. Many different activities and outings were offered including Cubs game, hiking, fishing, volleyball, bowling, climbing/rapelling, dances, movies, softball, tobogganing and trips in which students all were encouraged to participate. Sixteen different activities were offered in which sixty-eight students participated. Some activities are planned by a committee called, Imagination Unlimited. It is made up of students who are interested in getting things going for kids in Barrington during the school year. These students are encouraged to plan and promote activities using their imagination, only being limited by legal ramifications.

Two Middle School Dances involved over 400 students. Extra promotion was made of BYS activities which occurred on school holidays.

Finally, I am grateful to the Board and staff for their personal support, their dedication to youth and their insistence on quality programs. I have been privileged to serve Barrington Youth Services the past five years. As we look toward the future of our vital agency, we will work to develop and implement a more diversified range of services to meet the total needs of the community.

Stephen Whittier

STATISTICS 1984

September 1984 - Outreach expanded to five days per week, primarily during lunch periods.

Middle School (Tuesday & Thursday)
High School (Monday, Wednesday, Friday)

Outreach

Middle School Contacts	1,148
High School Contacts	1,992
Outside Contacts (summer)	<u>110</u>
Total	3,250

Problem Solving Related to Alcohol Use/Abuse, Dating, Emotional Needs, School, Jobs, Peers

Middle School	
Individuals Served	45
High School	
Individuals Served	79

Drop-In Program

Number of Contacts	1,500
Number of Individuals	300

Activity Program

Number of Activities	16
Number of Participants	68
Two Middle School Dances - approximate attendance	400

Imagination Unlimited

(Activity Group)	
Group Meetings	6

STATISTICS

Counseling Program - March 1, 1984 - February 28, 1985

Individual and/or family clients 89

Clients 46 Male 43 Female

Clients Referred By:

Friend	<u>5</u>
Police/Court	<u>2</u>
School	<u>40</u>
Self	<u>15</u>
Parents	<u>10</u>
Other	<u>9</u>

Number of Sessions: Individual 427 Family 167

Individual/Family Cases by Township:

Barrington & Cuba	<u>60</u>
Palatine	<u>5</u>
Algonquin	<u>4</u>
Ela	<u>10</u>
Dundee	<u>10</u>

Crisis Intervention 19

Hotline Calls 25

Barrington High School Alternative-to-Suspension - Insight

Evaluations 21

Dawn House Placements:

<u>1</u> female - Cuba Township	<u>1</u> night
<u>1</u> female - Ela Township	<u>1</u> night

STATISTICS (continued)

Group Programs

Loss Group: 14 sessions
 8 female 2 male

Townships: Barrington & Cuba 8
 Dundee 1
 Algonquin 1

Peer Counseling (2 counselors)

Training sessions 6
Meetings 14
Female 21 Male 7

Townships:

Barrington & Cuba 23
Ela 3
Palatine 2

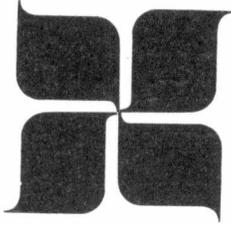
Barrington High School In-School Suspension (3 months)

approximately 100 contacts

Outreach (other than Outreach Worker) 195 contacts

Barrington High School Health Class Presentations (2 counselors)

344 students - 10 classes



Henriksen & Associates, P.C.

CERTIFIED PUBLIC ACCOUNTANTS

522 SO. NORTHWEST HIGHWAY • BARRINGTON, ILLINOIS 60010 • 312-381-5725

Board of Directors
Barrington Youth Service
Barrington, Illinois

We have examined the statements of assets, note payable, and fund balances arising from cash transactions of Barrington Youth Service as of February 28, 1985 and February 29, 1984, and the related statement of revenue collected and expenses paid for the years then ended. Our examination was made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

As described in Note A, it is Barrington Youth Service's policy to prepare its financial statements on the basis of cash receipts and disbursements; consequently, certain revenue and the related assets are recognized when received rather than when earned, and certain expenses are recognized when paid rather than when the obligation is incurred. Accordingly, the accompanying financial statements are not intended to present financial position and results of operations in conformity with generally accepted accounting principles.

In our opinion, the financial statements referred to above present fairly the assets, note payable, and fund balances arising from cash transactions of Barrington Youth Service as of February 28, 1985 and February 29, 1984, and the revenue collected and expenses paid during the years then ended, on the basis of accounting described in Note A, which basis has been applied in a manner consistent with that of the preceding year.

Barrington, Illinois
May 2, 1985

Henriksen & Associates, P.C.

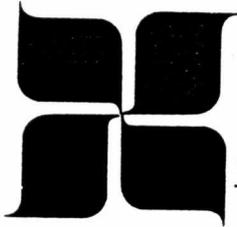


BARRINGTON YOUTH SERVICES

STATEMENT OF ASSETS, NOTES PAYABLE AND FUND BALANCES

	<u>FEBRUARY 28,</u> 1985	<u>FEBRUARY 29,</u> 1984
<u>ASSETS</u>		
Cash in Bank - General Fund	\$ 4,798	\$ 6,530
- Building Fund		353
Petty Cash	75	75
Temporary Investments - Program Funds (Note B)	36,067	32,369
Building and Improvements (Note B)	<u>76,534</u>	<u>72,870</u>
TOTAL ASSETS	<u>\$ 117,474</u>	<u>\$ 112,197</u>
<u>NOTES PAYABLE AND FUND BALANCES</u>		
Mortgage Note Payable (Note B)	<u>\$ 19,878</u> 19,878	<u>\$ 19,958</u> 19,958
FUND BALANCES:		
General and Program Funds	40,940	38,974
Building Fund		353
Building Equity	<u>56,656</u>	<u>52,912</u>
TOTAL FUND BALANCES	<u>97,596</u>	<u>92,239</u>
TOTAL NOTES PAYABLE AND FUND BALANCES	<u>\$ 117,474</u>	<u>\$ 112,197</u>

The accompanying notes are an integral part of these financial statements.



BARRINGTON YOUTH SERVICES

STATEMENT OF REVENUE COLLECTED AND EXPENSES PAID

FOR THE YEARS ENDED

	<u>FEBRUARY 28,</u> 1985	<u>FEBRUARY 29,</u> 1984
<u>REVENUE COLLECTED</u>		
Local Governments:		
Barrington Township (Note C)	\$ 26,583	\$ 30,000
Cuba Township	30,000	30,000
Ela Township	500	500
Other Revenue:		
Chapin Foundation	1,500	25,000
United Fund	11,036	9,863
Fund Raising - General & Program Funds	21,538	26,597
Fund Raising - Building Fund		1,000
Civic Contributions	17,495	11,677
Interest Income	3,305	2,689
Counseling Fees & Other	<u>3,365</u>	<u>4,619</u>
TOTAL REVENUE COLLECTED	<u>\$ 115,322</u>	<u>\$ 141,945</u>
<u>EXPENSES PAID</u>		
Program Salaries	\$ 68,573	\$ 63,209
Mortgage Interest	2,490	4,116
Building Repairs & Maintenance	6,889	6,617
Real Estate Taxes		1,412
Telephone	2,247	2,036
Payroll Taxes	4,806	4,268
Counseling	1,200	1,300
Insurance	7,690	5,796
Travel, Training and Conferences	2,441	3,048
Fund Raising Expenses	6,707	7,820
Other Project and Administration Expenses	<u>6,922</u>	<u>8,182</u>
TOTAL OPERATING EXPENSES	<u>\$ 109,965</u>	<u>\$ 107,804</u>
EXCESS OF REVENUE COLLECTED OVER EXPENSES PAID (Before Building Acquisition and Improvements)	\$ 5,357	\$ 34,141
BEGINNING FUND BALANCES	<u>92,239</u>	<u>58,098</u>
ENDING FUND BALANCES	<u>\$ 97,596</u>	<u>\$ 92,239</u>

The accompanying notes are an integral part of these financial statements.



BARRINGTON YOUTH SERVICES
NOTES TO FINANCIAL STATEMENTS
FEBRUARY 1985 AND 1984

NOTE A: GENERAL
ACCOUNTING METHOD

Barrington Youth Services (BYS) maintains its books on the cash receipts and disbursement method of accounting. Hence revenue is reported when collected rather than when earned, and expenses are reported when paid rather than when incurred.

EXEMPTION FROM INCOME TAX

BYS is a not for profit Illinois corporation exempt from taxes on income pursuant to Internal Revenue Code Section 501 (c)(3).

NOTE B: ASSETS AND LIABILITY
PROGRAM FUNDS

A money market fund and certificate of deposit are utilized for a short term investment of allocated and unallocated funds to be used for BYS programs.

BUILDING AND MORTGAGE NOTE PAYABLE

BYS acquired a building in January, 1982 which is utilized for project and administrative purposes. The building was acquired by contract purchase for \$57,000; \$30,000 was paid in cash as a downpayment in two installments of \$15,000 each. The remaining contract note of \$27,000 was repaid from BYS funds and from refinancing proceeds of a \$20,000, 20 year first mortgage from First Federal Savings and Loan of Barrington. The mortgage is repayable \$214 monthly including interest. Various improvements have been made to this building since its acquisition.

NOTE C: BARRINGTON TOWNSHIP RECEIPT

The total budgeted for fiscal year ended February 28, 1985 from Barrington Township was \$29,000. Barrington Youth Services invoices Barrington Township monthly. The February invoice of \$2,416.63 was received March 7, 1985. A total of \$29,000 was received for the fiscal year. However, since BYS's accounting method is the cash method, this report reflects actual cash received from March 1, 1984 to February 28, 1985 and does not include the \$2,416.63 since it was received after February 28, 1985.

OFFICERS

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YOUTH & FAMILY COUNSELOR

Michele Birkey

DROP-IN/OUTREACH/ACTIVITIES
COORDINATOR

Steve Whittier

ADMINISTRATIVE ASSISTANT

Marilyn Alexander



Barrington Youth Services

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