



This Pretty Girl Saved From Catarrh of the Lungs By Pe-ru-na.

MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes: 'A few months ago I caught a severe cold, which settled on my lungs and remained so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently.'

'I was advised to try Peruna, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since.'

'I now have the greatest faith in Peruna.' Florence E. Kenah. 'I have purchased several bottles to give to those without the means to buy, and have noticed without exception that it has brought about a speedy cure wherever it has been used.' -Rose Gerbing.

Pe-ru-na Contains No Narcotics.

One reason why Peruna has found permanent use in so many homes is that it contains no narcotic of any kind. Peruna is perfectly harmless. It can be used any length of time without acquiring a drug habit. Peruna does not produce temporary results. Its permanent in its effect. It has no bad effect upon the system, but gradually eliminates catarrh by removing the cause of catarrh. There are a multitude of homes where Peruna has been used of and on for twenty years. Such a thing could not be possible if Peruna contained any drugs of a narcotic nature.

CONGRESS OF MOTHERS LISTEN TO PRESIDENT

Nation's Chief Executive Commends Conscientious Motherhood and Condemns Race Suicide.

Washington, D. C., special: Highest praise for conscientious motherhood; condemnation for what has become known as "race suicide"; advocacy of careful, conservative training of the young; appreciation of their duty as the basis for the best citizenship—such were the central ideas advanced by President Theodore Roosevelt Monday night at an address before the National Congress of Mothers.

The president was warmly greeted by the women when he entered the auditorium of the Metropolitan M. E. church. He read his address, but now and then he departed from the exact text to interject a telling point.

The main points in the address follow:—'The birth pangs make all men the debtors of all women.'

'On the whole, I think the duty of the woman the most important, the more difficult, and the more honorable of the two.' 'I will permit myself to avow any people... unless the average woman is a good mother, we are not fit to be citizens to perform the first great duty of womanhood, able and willing to bear, and to bring up, they should be brought up, healthy children, sound in body, mind, and character, and numerous enough so that the race shall increase and not decrease.'

'No mother has an easy time, and most mothers have very hard times; and yet what true mother would let her experience of joy and sorrow in exchange for a life of cold selfishness, which insists upon perpetual amusements and the avoidance of care.' 'The man or woman who deliberately forgoes these blessings (children) whether from viciousness, coldness, or shallow heartedness, selfishness, or mere failure to appreciate aright the difference between the all-important and the unimportant—why, such a creature may as well be dead as any visited upon the soldier who runs away in battle.'

PANAMA REORGANIZATION.

Entire Working Force of Commission Is in for a Shake-up.

Washington dispatch: Plans have been practically perfected for a complete reorganization of the working force of the Panama Canal Commission, involving changes from top to bottom, and these probably will be announced in the course of a week. The changes will be in line with the president's declared purpose to dispose with unnecessary officials of high grade and to confer upon the actual workers a much larger measure of authority. In order to facilitate the reorganization, the president has been referred to the insular bureau of the war department, and it is in contemplation to transfer to that bureau the entire clerical work of the commission here as well as to provide for a suitable system of audit under the direction of the chief of the insular bureau, patterned on that which works so well in the case of Cuba and Porto Rico.

OFFERS TO ENDOW A COLLEGE

Sir William Macdonald, Canadian Tobacco Magnate, Tenders Millions. Montreal, Que., dispatch: Sir William C. Macdonald, the millionaire tobacco manufacturer, has offered the Protestant committee of the council of public instruction a proposition to endow an agricultural training college and a college for the training of school teachers. The sum offered is \$2,000,000 to \$1,000,000. Sir William has selected Prof. Robertson, the man who developed the Canadian dairy business, as the director of the scheme.

SUES EQUITABLE LIFE COMPANY

Mary S. Young as Policy Holder, Asks Return of \$200,000. Albany, N. Y., dispatch: A suit against the Equitable Life Assurance society and James H. Hyde to compel the return of \$200,000 alleged to have been received by him in the last two years as estate tax was filed in the Equitable Life Assurance society, has been begun in the supreme court of Saratoga by Mary S. Young, who was as a creditor and policy holder. Her attorney is Senator Edgar T. Brackett.

Warns Against Drinkers.

New Orleans, La., dispatch: Writing in the throes of death from poison, John Solares, a business man of this city, in a trembling hand wrote a postscript to the farewell note which he had prepared for his wife, in which he said: 'Never marry a man who drinks, and if he begins it quit him at once.'

Owner of Two Stores Falls.

Vincennes, Ind., dispatch: Daniel L. Bonner, president of the metropolitan police board of this city, who runs stores at Decker and Hazelton, has fallen. His liabilities are placed at \$25,000 and assets at \$15,000.

Prisoner Dies in Jail Fire.

Pensalath, Ark., dispatch: The jail two miles from this town was destroyed by fire, cremating its only occupant, John Crews, a log scaler, held for a minor offense.

Musical Education Wasted.

Among the hundreds of women who have said and done again, 'if only I had the money that my parents spent for my musical education!' the wife of an American general, must first pay for the story goes that after spending \$5,000 in attempts to learn to play, her repertoire consists of one solo waltz. The lady calls it her \$5,000 waltz, it is said, and laughs and finally weeps at its expense as to time and variable as to tune.

Overcrowded.

It is a progressive thing to allow your system to get overcrowded with undigested foods—poisons, bile and acid, and to let them get rid of them by taking Dr. Caldwell's (Naxative) Syrup Pepsin, and you will right off, feel such a wonderful change for the better, that you will never let yourself get into that condition again. Safe and pleasant relief and cure, for constipation, biliousness, etc. Try it. Sold by all druggists at 50c and \$1.00. Money back if it fails.

Has Lived Simple and Long Life.

Mrs. Deborah Staples Stillman of Philadelphia, Pa., celebrated her 103rd birthday last week. She was born within a few miles of her present home, then a part of the town of Fairfield, and she has spent her life with only a few changes of residence. She has never worn glasses, and she has never had her hair cut. Her hair is still black and her mental faculties are unimpaired.

Every housekeeper should know that if they will buy DeWane Cold Water Starch for laundry use they will never stick to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are only 8 oz. packages, the price is the same. Then again because DeWane Starch is free from all injurious chemicals, it is a safer and more economical. My doctor says the tumor he removed, and I am sure, more a well woman believe Lydia E. Pinkham's Vegetable Compound is the best medicine in the world for women.

The testimonials which we are constantly publishing from grateful women establish beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases. Women suffering from any form of female trouble are invited to write promptly communicating with Mrs. Pinkham, at Lynn, Mass. She asks nothing in return for her advice. It is absolutely free, and to thousands of women has proved to be more precious than gold.

Alabastine Your Walls

Are you satisfied with the appearance of your walls? Do they come up to your ideas? Are you putting on coat after coat of stucco, dry wall paper, making a sandwich with sour paste between?

Alabastine is clean, hygienic and wholesome and more than that, it is beautiful. The most artistic effects can be obtained with Alabastine. The ALABASTINE Co. will furnish, without expense to you, color schemes and samples in color. If you are building or remodeling, simply ask for color schemes, giving size, use and direction of light of rooms. Buy your Alabastine in original packages. Any decorator can apply it, or you can put it on yourself. Simply brush on. It is a permanent, durable, wall finish. Outwears two walls done any other way.

The best dealers will if it occurs don't send us your name and we will see that you are supplied.

ALABASTINE COMPANY Grand Rapids, Mich. New York City, N. Y.

LEWIS SINGLE STRAIGHT CIGAR ALWAYS RELIABLE

W. N. U. CHICAGO, NO. 11, 1905. When Advertising, Kindly Mention This Paper.

Will It Cure Consumption?

NO, we cannot hold out the promise that Dr. Pierce's Golden Medical Discovery will cure consumption, but we can establish, we doubt if any medicine will then cure, through hundreds have been cured by "Discovery" after their attending physicians had pronounced their cases as incurable.

The fact is that the "Golden Medical Discovery" does cure severe throat and bronchial affections, lingering coughs, and those obstinate, wasting "run-down" conditions which, if neglected, will result in consumption, and terminate in genuine consumption. We know that thousands of men and women, although in the advanced stages of consumption, have been cured, and wasted and broken-down with all the terrible symptoms of hacking coughs, night sweats, hectic fever, absolute prostration, and even bleeding from the lungs—have been restored by the use of the medicinal medicine to permanent health, strength and vitality. But it must be taken in time, before the lungs have become so completely diseased, or have actually begun to break down.

Dr. V. F. Pierce, Buffalo, N. Y.: 'Dear Sir: I wish to speak as to the benefit derived from Dr. Pierce's Golden Medical Discovery. My health has been largely restored. My cough has been cured, and my lungs and throat. I had a very bad cough, but I had taken it, and I had been told that I had been cured. I took thirteen bottles and it made a new man of me. I had been told that I never had a cough since. I feel restored and give all the credit to your medicine. Yours truly, Sheldon Ave., Chatham, Ont., Canada.'

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It's an insult to your intelligence for a dealer to attempt to palm off upon you a substitute for this world-famed medicine. You know what you want. It's his business to meet the want. When he substitutes, he's thinking of the larger profit he'll make—not of your welfare. Avoid all such unprincipled dealers.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer or write and send post paid of the booklet. Write for free booklet—How to Dye, Wash and Fix Colors. 210 N. 2nd St., St. Louis, Mo.

ALL SICK WOMEN SHOULD READ MRS. FOX'S LETTER

In All Parts of the United States Lydia E. Pinkham's Vegetable Compound Has Relieved Suffering Women.

Many wonderful cures of female ills are continually coming to light which have been brought to our attention by Lydia E. Pinkham's Vegetable Compound, and



through the advice of Mrs. Pinkham, of Lynn, Mass., which is given to sick women absolutely free of charge. Mrs. Fannie D. Fox, of Lynn, Mass., has made a study of the ills of her sex; she has consulted with and advised thousands of suffering women, who to-day owe not only their health but even life to her helpful advice.

Mrs. Fannie D. Fox, of 7 Chestnut Street, Bradford, Pa., writes: 'I suffered for a long time with womb trouble, and finally was told by my physician that I had a tumor on the womb. I did not want to submit to an operation, and I applied for advice. I received your letter and did you told me, and today I am completely cured. My doctor says the tumor he removed, and I am sure, more a well woman believe Lydia E. Pinkham's Vegetable Compound is the best medicine in the world for women.'

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REAL ESTATE. Exceptional Opportunity to Invest in Real Estate. FARM FOR SALE. CHEAP TEXAS LANDS.

UNITED STATES FARMERS WESTERN CANADA. Importing Canadian wheat is now a fact.

A CLEAR, HEALTHY SKIN. Purified by 'TWO THINGS'.

10,000 Plants for 10c. Grow your own plants for 10c.

SOUTHERN CONDITIONS AND POSSIBILITIES. In so part of the United States there have been some wonderful commercial and industrial developments.

TWO THINGS

Two things that are particularly recommended for the treatment of skin diseases. M. K. P. GEORGE MORTON, CHICAGO, ILL.

LOW Rates Again. Daily via Southern Pacific to California.

333 from CHICAGO, \$30 from ST. LOUIS, \$30 from NEW ORLEANS. Southern Pacific THE ROAD TO CALIFORNIA.

Facts Are Stubborn Things. Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE.

W. L. DOUGLAS \$3.50 & \$5.00 SHOES. W. L. Douglas \$3.50 shoes are the greatest value for the money.

Free Book OF DEFORMITIES AND PARALYSIS. The L. C. McCLain Orthopedic Sanitarium, St. Louis, Mo.

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PISO'S CURE FOR BILIOUSNESS AND CONSTIPATION. PISO'S CURE FOR BILIOUSNESS AND CONSTIPATION.