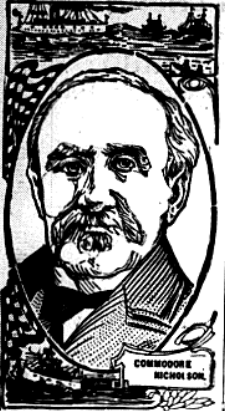


COMMODORE NICHOLSON RECOMMENDS PE-RU-NA.



COMMODORE Somerville Nicholson of the United States Navy, in a letter from 1837 B. Street, Northwest, Washington, D. C. says: "Your Peruna has been used by me as a sure cure for catarrhs that I am convinced of its curative qualities and I unhesitatingly recommend it to all persons suffering from that complaint."

Our army and navy are the natural protectors of our country. Peruna is the natural protection of the army and navy because of the vicissitudes of climate and exposure.

We have on file thousands of testimonials from prominent people in the army and navy. We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving for his widely known and efficient remedy, Peruna.

If you do not desire prompt and satisfactory results from the use of Peruna, write at once to Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Cocquelin, the great French comedian, has had occasion for speeches that were not set down for him in his part. In one play, the usual Partisan farce, he was expected to find a man's scarf clinging to his wife's shoulder, but the actress forgot to adjust the pin before appearing on the scene.

"Did you see her when she was so trim and neat?" "Yes, madame!" "New York Times.

Through Tourist Cars to California. The Southern Pacific Tourist Car service is famous for its excellent equipment. If going West, investigate this way of travel—you'll be surprised when you find how cheaply you can go, and still travel in comfort.

Insist on Getting It. Some grocers say they don't keep Defiance Starch because they have a stock in hand of old stock, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for some money.

Such a Wit! "John—Is your new coat has a check pattern. That's appropriate. Ha, ha!" "Financier—"Yes I got it to protect myself from drafts. Ha, ha, ha!"

THE DAISY FLY KILLER. Kills all flies and mosquitoes in dining rooms, sleeping parlors and private homes.

GLOBE. Build manure for high carbon and high phosphorus. GLOBE FENCE. A fast seller. GLOBE FENCE CO., WILSON, MISSOURI.

MAXINE TOILET ANTISEPTIC. For women. This powder form is dissolved in water and is for use in the toilet.

WRITE FOR THIS FREE BOOK TODAY. Free Booklet on Allowing Children and Nursing Mothers.

FREE BOTTLE COUPON. Send this coupon with your name and address and your druggist's name for a free bottle of Mull's Grape Tonic for Stomach and Bowels.

Do you use CALCIUM CARBIDE for any kind of ACETYLENE LIGHTING? Send to Mull's Grape Tonic Co. for a free bottle.

NEW USES FOR GLASS.

Houses May Be Built and Streets Paved With the Material.

It is to be hoped there is nothing more than coincidence in the simultaneous invention of glass houses by an Italian, and of glass paving bricks by a Parisian, for if the two inventions should come in contact the architect might have to begin over again. The patentee of these glass house proposals to attach brackets to the beams of the floors of the steel frame work of his structure to support two walls of opaque glass, the insulating dead air in the 12-inch space between the two walls, preventing the loss of heat in winter and its entrance in summer. It is claimed that buildings constructed in this manner will be more free from drafts than under present conditions, that they can be satisfactorily heated with a quarter less fuel than buildings of brick construction, and that the absence of windows shuts out dust, smoke, odors and insects, and allows of any arrangement of the floor plan desired.

Handsome Apology. Ned and his grandmother are the latest friends of the tongue.

"I got tired of being that wheelbarrow for grandmother when she was changing her plants." Ned said to his mother, recounting the day's adventures. "Did you see her when she was so trim and neat?" "Yes, madame!" "New York Times.

Punishment. "Was anybody punished for Gratton's misdeeds?" "I understood he was acquitted." "He was. But the business men on the jury lost money and missed their meals."

What to Do if Constipated. Summer Bowel and Stomach Trouble.

Q. What is the beginning of sickness? A. Constipation. Q. How is constipation? A. Failure of the bowels to carry off the waste matter which lies in the ordinary canal...

Day's Work on the Farm. There is little reason why a day's work on the farm should not be about the same as in any other place.

Trap Nests. Trap nests are those nests in which the hen lays an egg and then herself in a trap, which has been sprung by her own weight.

Co-operative Creameries. Co-operative creameries seem to be largely on the increase. They are giving generally good satisfaction.

PIN HIS FAITH TO WATER.

Former Sufferer from Rheumatism Now Healed and Found Cured.

"If people afflicted with rheumatism would try a simple remedy right at hand instead of scurrying all over the country for a cure they would get a good sight quicker," said Harry Sprague, who was once so tormented with rheumatism that he had to use crutches. "Just let them drink water, quarts of it. That's what did the business for me. I drank about three quarts of water a day—not ice water, but just ordinary cold water as it comes from the faucet. I drink two glasses when I get up in the morning, two when I go to bed, and I drink it all day. I have a big pitcher of it on my desk, and whenever I look up from my work for a minute's rest I drink a glass of water. No mineral water, no charged water, no health water for me, but just plain, good old-fashioned Croton. To be sure, the salt water baths at the shore did me a little good, but the damp days at the shore took all the good away. I took fresh water baths internally and spent my summers where it is high and dry."

Gratitude Well Expressed. Sault Ste. Marie, Mich., Aug. 14th.—Mr. C. L. Smith, painter and decorator, whose home is at 209 Ann street, writes, makes the following statement:

"I was laid up with some kind of pains. Some said it was Lumbago, other Sciatia and others again Rheumatism. A few of my friends suggested that it was a cold, but whatever it was it gave me a great deal of pain; in fact, almost completely crippled me. I had to use two crutches to walk about, and even then it was a very painful task."

"A friend advised me to try Dodd's Kidney Pills and I began the treatment. After I had used the first box I was able to throw away one of my crutches and was considerably improved. The second box straightened me up so that I could go about free from pain without any assistance, and very soon I was completely cured, well and happy. Without a pain or an ache. Dodd's Kidney Pills seemed to go right to the spot in my case and they will always have my greatest praise."

Autosists Are Protected. A London firm of automobile dealers has organized a band of eight cyclists, armed with red flags, as a partial relief against the depredations of the "bobbies," who are making a good thing out of the numerous arrests for speeding.

Farm Accounts. One of the greatest obstacles in the way of successful farming is the general lack of farm account books. This science, the science of numbers, is regarded by the farmer as a side issue.

Day's Work on the Farm. There is little reason why a day's work on the farm should not be about the same as in any other place. The farmer's job, however, does not have a chance to rest; he is too busy.

Trap Nests. Trap nests are those nests in which the hen lays an egg and then herself in a trap, which has been sprung by her own weight.

Co-operative Creameries. Co-operative creameries seem to be largely on the increase. They are giving generally good satisfaction.

Doctor Brigham Says

MANY PHYSICIANS PRESCRIBE Lydia E. Pinkham's Vegetable Compound

The wonderful power of Lydia E. Pinkham's Vegetable Compound over the disease of womanhood is not because it is a stimulant, but because it is a palliative, and because it is the most wonderful tonic and reconstructer ever discovered to act directly upon the female system, positively curing diseases and restoring health and vigor.

Physicians are fair enough to give credit to a drug, and women who have been cured, trained nurses who have witnessed cures and physicians who have recognized the virtue of Lydia E. Pinkham's Vegetable Compound, are fair enough to give credit to a drug.

"I freely advocate it as a most reliable specific in all diseases to which women are subject, and my highest endorsement."

Women who are troubled with painful or irregular menstruation, bloating (or flatulence), leucorrhoea, falling, inflammation or irritation of the uterus, ovarian troubles, that bearing-down feeling, dizziness, faintness, indigestion, nervous prostration or the blues, should take immediate action to ward off the serious consequences, and be ready to meet the health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Pinkham, at Lynn, Mass., for further advice.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it is so easy to use, but also money, because Defiance Starch is free from all injurious chemicals.

A woman may rule her husband with an iron rod, but we never heard of one who insisted upon showing the children how to set off their fireworks.

FOR SALE

FOR SALE. Large lot of land in the city of Chicago, near the city hall, containing about 10 acres. Also for sale a large lot of land in the city of Chicago, near the city hall, containing about 10 acres.

A Great Combination for THIS SUMMER'S VACATION

THE Canadian Rockies the grandest scenery in the world—unapproachable in magnificence—and majesty and grandeur.

THE Lewis and Clark Centennial Exposition at Portland, Oregon.

This will be the popular trip this summer. Through Service Between St. Paul and the Pacific Coast.

CANADIAN PACIFIC RY.

A. C. Shaw, Genl. Art. Passenger Department, 215 N. Clark Street, Chicago.

A RAIN

A rain is what you need now. It will save you money by having the rain come when you need it.

Conviction Follows Trial

When buying loose coffee or anything your grocer happens to have in his bin, how do you know what you are getting? Some queer stories about coffee that is sold in bulk, could be told, if the people who handle it (grocers), cared to speak out.

Lion Coffee, the leader of all package coffees for over a quarter of a century, if they had not found it superior to all other brands in Purity, Strength, Flavor and Uniformity?

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it is so easy to use, but also money, because Defiance Starch is free from all injurious chemicals.

SOLD BY GROCERS EVERYWHERE. WOOLSON SPICE CO., Toledo, Ohio.

900 Drops

Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS AND CHILDREN. Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Charles H. Fletcher and has been made under his personal supervision since its infancy.

Genuine Castoria Always Bears the Signature of Charles H. Fletcher. The Kind You Have Always Bought In Use For Over 30 Years.